Fairmount Providers' Meeting Thursday, March 21, 2019

**Many thanks to the St. Leo for hosting and providing lunch and to its ongoing commitment to our youth, families, and communities

...New Faces...

- Teminijesu Ige, Cincinnati Board of Health Teminijesu.ige@cincinnati-oh.gov
- Lawrence Jones, president North Fairmount Community Council, <u>cincinnatiyep@yahoo.com</u>
- Tonya Verdugo, JFS, <u>Tanya.verdugo@jfs.ohio.gov</u>
- Atarah Cottingham, JFS, cottia@jfs.hamilton-co.org
- Claire Johanteges, Greater Cincinnati Behavior Heath, cjohantges@gcbhs.com
- Beatriz Ortiz, Santa Maria, <u>beatriz.ortiz@santamaria-cincy.org</u>

...Working Together...

.. to lift our spirits and join us together as community...

- There will be an Easter Egg Hunt and worship service Saturday, April 20, from 1 to 4 pm, at Hawkins park sponsored by East Westwood Churches including Cincinnati Urban Promise, President Drive Church of Christ, Shepherd's Heart Christian Fellowship, St. Leo church, Third Presbyterian, and Willing Spirit Baptist church. The day will begin with a hot dog lunch. The Easter egg hunt will begin at 2:15 and be divided into age groups. An outdoor prayer service will follow.
- Everett Brewer, pastor of President Drive Church of Christ spoke of planning for the prayer caravan throughout the neighborhood for the National Day of Prayer, May 2. The evening of that day there will be a prayer walk from 3rd Presbyterian Church on McHenry to President Drive Church. On the way there is prayer, song, trash pickup, ending with ice cream sundaes at President Drive Church. He also spoke planning for the annual Day of Hope on August 17. Focus will be on issues facing teens including bullying and mental health issues.
- Pastor Brewer said his church is initiating a "free Pie" Sunday April 7, after morning services. There will be a private showing of the animated film "Pilgrim's Progress" at 7 pm. "It will be pie and popcorn Sunday. If O'Charlie's can draw a crowd with free pie Wednesday, why not free pie Sunday at churches?" he joked.
- Lawrence Jones, newly elected president of the North Fairmount Community Council says the council hopes to open a resource center at the St. Leo food pantry office space to help people have access to computers, to get help filling out applications, and to offer classes in business and entrepreneurship which the community requested. His goal is to listen to residents and create activities to bring the community together. Ideas suggested include a Taste of Fairmount, a dog show, and a movie night.
- There will be a film festival and art show sponsored by Cincinnati Film Society at St Leo on June 14th and 15th. CFS will be partnering with the Art Academy of Cincinnati to present fun art workshops at the event. This will take place in the morning and afternoons so that younger youth may participate. Films in the evening. More information to come.

..to improve our health...

- Santa Maria Neighborhood Services will host its spring health fair Saturday, April 13, from noon to 3 at the Price Hill Rec Center on Hawthorne Avenue. There will be free health screenings including A1C, depression, cholesterol, dental, vision, and more as well as food, prizes and fun. For more information or to schedule a mammogram call 557-7249
- The Villages at Roll Hill 8th annual Spring Health Fair was a huge success. There were more than 20 agencies represented and nearly 200 people participated. To be eligible to win a prize, people had "passports" and had to visit 17 of the exhibits. The mobile mammogram van reported its highest number of visits
- A mindfulness class to reduce stress for ages 18 to 45 is being offered by Cradle Cincinnati at Amicus Child Learning Center 2569 St. Leo Place on Tuesdays and Thursdays from 5:30 to 7 pm through April 9. Childcare will be available.
- The annual Hunger Walk is Memorial Day. Please designate St. Leo's food pantry as the agency you're walking for when you sign up. Funds from the walk are the chief source of income to help the pantry buy food from the Free Store Food Bank

- Cooking for the Family is a cooking series to build knowledge and confidence in the kitchen. Participants will learn 8 basic cooking skills and techniques using healthy ingredients. Classes will begin Tuesday, April 16 at 5 pm and Saturday April 20 at 10:30 am. Each session will run 2 ½ hours. Cost will be \$5 per participant for the 5 session program and those who attend 4 of the 5 sessions will receive a cooking kit that includes a chef's knife, cast iron skillet, cutting board, and a knife sharpener. Classes will be held at the First Baptist Church of Cumminsville. Class size is limited. To register contact Shamariah Brown 541-4109 ext. 116
- Jamaica Gilliam of Hamilton County Public Health says she is in the community working to identify pregnant who are experiencing stressors like poverty, lack of safe housing, previous low birth weight infants to connect them to resources that will help them have healthier pregnancies and decrease preterm and low birth weight infants. Eligible women must be at 200% of the poverty level or less and have one of eight risk factors of pregnancy, and not be connected to a community health worker. Her contact generally is short term around 21 days to get them the support they need.
- Lauren Brinkman of the Cincinnati Health Department said March 19 was the kickoff for the community health improvement process. Goal is to get priorities input from the community Teminijesu Ige is new tobacco coordinator who is doing a survey of tobacco cessation programs.

...to help us when we're hurting...

- Beatriz Ortiz of Santa Maria is outreach worker for the family justice center that works with persons experiencing domestic violence or any type of abuse. The center offers such services as safety planning, crisis intervention, advocacy and support, protection orders, shelter, public benefits, housing, help filing police reports, medical access, mental health services, help with criminal investigations, and legal options. Call 513 302 -2175 for more information.
- Food insecurity is hard to measure. Poverty stricken households have a mantra not to share household problems, like a lack of food, because of fear. CFS is seeking feedback from such homes served by our food bags. So, last Tuesday we filled 1500 bags at the Center with this message on a label stuck on the peanut butter jar and also on a slip of paper: Please text or leave a short anonymous message at 513-675-4396 telling why you are grateful for this bag of food. . Responses mentioned how they were grateful for the food since food sometimes ran out
- Penny Middaugh of Greater Cincinnati Behavioral Health Services spoke about the services the agency offers at its sites throughout the area including its offices at Glenway and Quebec. Services include case management for persons with serious mental disorders, payee services, employment aid, counseling and psychiatric care for clients, school programs and two health clinics for clients. Claire Johantges is a community health worker for persons served who don't have a serious mental health disorder but need help with such issues as employment and housing.
- Cradle Cincinnati held a focus group for women at Villages at Roll Hill March 3 and a women's luncheon on self –esteem March 13
- There will be a Sisterhood luncheon at the Villages at Roll Hill community center Wednesday, April 10, from 11 am to 1 pm. Childcare will be provided.

....to provide the best for our children and families...

- Eneida Uehlin of LEAP academy says the school is looking for a new principal. The LSDMC is inviting the community to come to a meeting Thursday, March 28, from 4:30 to 6:30 pm to provide feedback about what they want in a principal
- Lisa Hyde-Warren says she is grateful for the St. Ursula students who adopted 48 Villages at Roll Hill families and provided them with items to stretch their budgets.
- 45 volunteers helped Childhood Food Solutions (CFS) pack and distribute 1500 food sacks for winter break for 4 schools. It also received \$15,000 to help with summer food and Lisa is speaking April 8 about childhood hunger at the Cincinnati Women's Club.
- African school of dance has offered an 8-week program to LEAP 2nd graders to teach them that skill and the children are really enjoying it.
- General Electric Aviation will visit LEAP academy in April to talk about engineering careers.
- LEAP academy is planning to make the first day of school next year a big celebration

...to improve our employment skills and save money...

- There will be an entrepreneurship workshop at St. Leo's Saturday, March 23, from 1 to 3 pm
- April Barker of Hamilton County Jobs and Family said the workforce development RSP has been approved for bids to offer space for a program of work force development that provides comprehensive case management for persons receiving cash assistance to identify and address barriers to work. Call Jill Williams at 946-4337 for more information. Six staff members have been hired, have been receiving training, and are getting to know the community in the 45225 zip code. They hope to have decided on location by May.
- Ken Wilson of Cincinnati Works said the job fair in early March attracted 955 people and 61 employers. 20% of those who filled out applications that day got jobs. Cincinnati Works helps people find long term employment and offers job coaching to help people stay employed. Plans for job fairs in the fall and next spring are in the works.
- Millvale Rec Center is offering **free tax preparation** at the center from 9 am to 1 pm on Saturdays 30, and April 12. Come early. About 20 people will be seen each session
- "Job Readiness Training" with Clarence Taylor from Talbert House is scheduled every first Tuesday, Wednesday and Thursday of the month, 10:00 a.m. – 1:00 P.M at the Villages at Roll Hill Community Center. He is available to help people with resumes and job resources
- BB&T Bank: "Pathway to Healthy Financial Health program at the Villages at Roll Hill Community Center wrapped March 14
- 17 families received heating aid on the Community Action Agency's final day at the Villages at Roll Hill March 12. CAA will not return there until June.

Next Providers' Meeting is Thursday, May 18 Since this is Holy Thursday St. Leo Pantry Community Space Will Not Be Available Unless someone can host there will be NO APPRIL MEETING

**Contact Angela, <u>alannoleo@aol.com</u> if you can help